



U8 Passing

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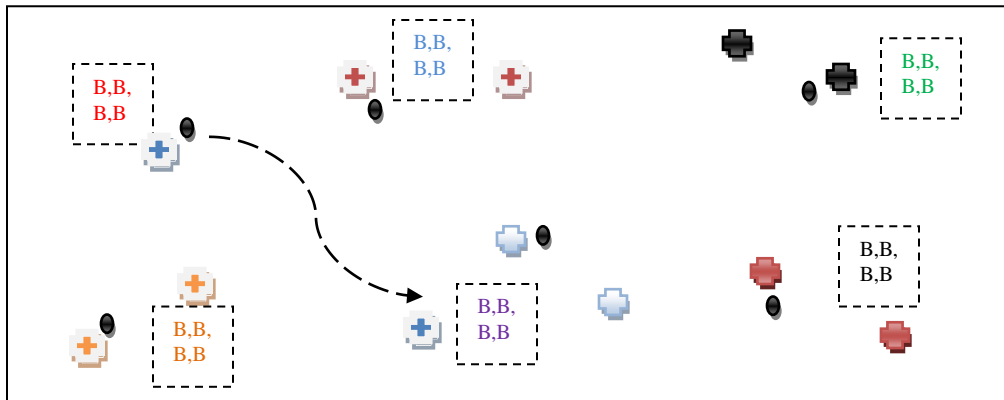
South Texas Youth Soccer Association

Never Ending Passing Game

The Objective of the game is to teach players the technique of passing
Surfaces of feet
Body Mechanics
Weight of the pass
Accuracy of the pass

I. Set up (groups of two):

- Have each group make a square with four cones any were inside the playing area.
- Once the square is set up have each player take a group of bibs (pennies, balls or other items whichever one you have the most) inside their square.
- Set up as many square as you have pairs.



II. Game objectives:

- Each group must pass the ball to each other and take one item (B) from another square and bring it back to their square.

III. Teaching conditions:

- Manipulate the amount of passes allowed before retrieving the item.
 - More passes will encourage short passing
 - Less passes will encourage longer passes
 - Players will have to decide where to move and support depending on the amount of passes

IV. Coaching Points and questions that could be asked in this activity:

- Surfaces of the feet
 - Show me a part of the foot to pass the ball with?
 - Inside, Outside, laces, soles, toes and heal
- Planted Foot
 - What is your non kicking foot for?
 - Where does your non kicking foot need to be pointing?
- Weight of Pass
 - Do you have to hit the ball hard or soft if you only have two passes?
 - If you have a lot of passes what type of passes would you use?
 - If you have few passes what type of passes would you use?
 - Once you get the bib (penny) where do you need to go to get the next pass?
 - How do you need to pass the ball to get the bib back to your square quickly?

V. Variations

- Use ball instead of bibs
- Use a limited amount of balls to create a 2v2 and 2v2 etc.
 - Better players may be going 2v4 or more in certain occasions