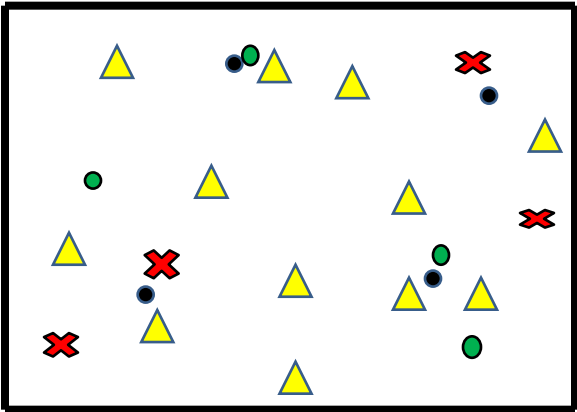


Practice Activity

Age Group	U8	Topic	Passing
Activity Name	Gates Passing Game		
Key Learning Outcome(s)	Passing: Accuracy,		

<p>Illustration Diagram</p> <ul style="list-style-type: none"> - ---- player path - x attacker - _____ ball path - o defender - ▲ Gates 	<p>Organization:</p> <p>To include</p> <ul style="list-style-type: none"> - Area 20-30 - One ball per player - Gates(same color of different) - Different sizes of gates
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Instructions

1. Play 1min games
2. Each pair has to pass the ball through the gates

Coaching Points

1. Surfaces of feet
2. Weight of the pass (How hard or soft)
3. Accuracy of the pass
4. Planted foot

Progressions/Regressions

1. Utilizing different surfaces of the feet.
2. Pass through more than one gate
3. Have a team without the ball and have them steal from another
4. Have the gates as moving gates(use coaches, parents or players holding a bib between them)
5. The ball can never stop.