



U14 Combination Play

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Combination play

The Objective of the game is to teach players to recognize when to execute a combination
Evaluation,
Preparation
Execution
of different combinations

I. Objectives

The session is designed to teach players to pass the ball and to recognize when and how to penetrate using combinations.

II. Coaching points

a. Wall pass

i. Visual Q Start from payer in advance is *behind the defender*

1. Player A engages with speed, player in advance moves to support
2. Player A player the front foot player in advance lays it off

b. Overlap

i. Visual Q Player in advance with defender behind checks wide to create space and *defender does not follow*

1. Player A has to be close to Player B
2. Player A passes the ball to Player B
3. Player B dribbles to engage the defender
4. Player of the ball now runs around the dribbling player creating space wide
5. Player A releases or hold on depending on what defender does

c. Up back and through

i. Visual Q Player in advance with defender behind checks wide to create space and *defender follows*

1. Player A closes the space to Player B
2. Player A passes to the foot away from defender
3. Player B lays the ball of square and spins of defender
4. Now Player A plays the ball into space for Player B to run into

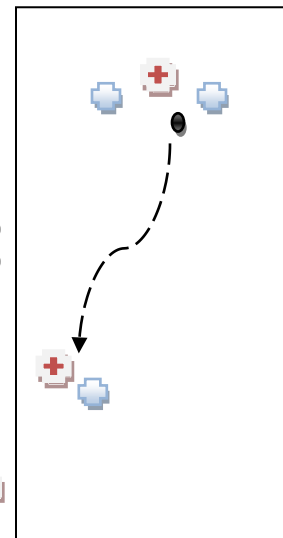
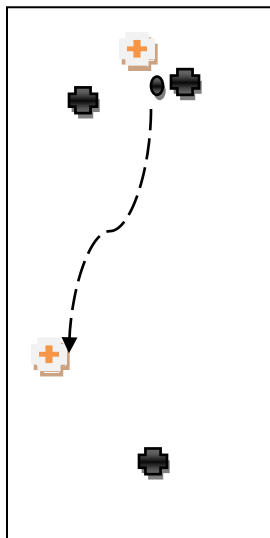
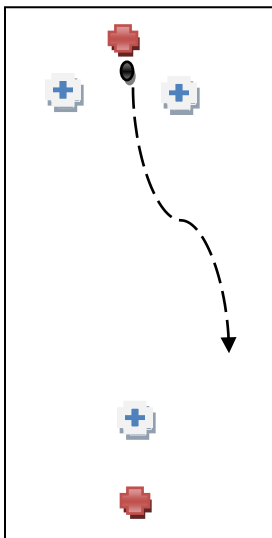
****Player A wins the ball

****Player B start in advance

III. Warm up(groups of two):

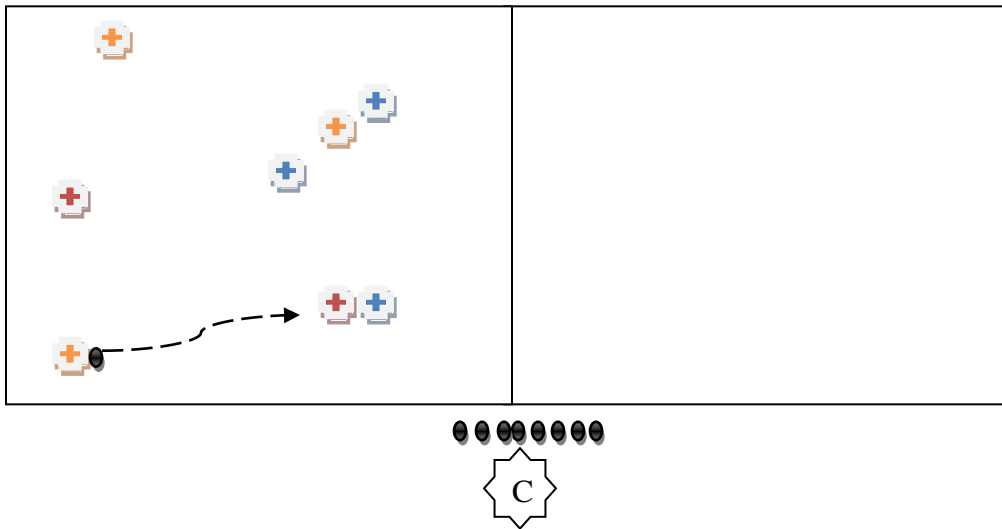
a. Passing

- i. Look to pass in between two players of the same color(split)
- ii. Look to pass in between multiple(splits) players with each pass



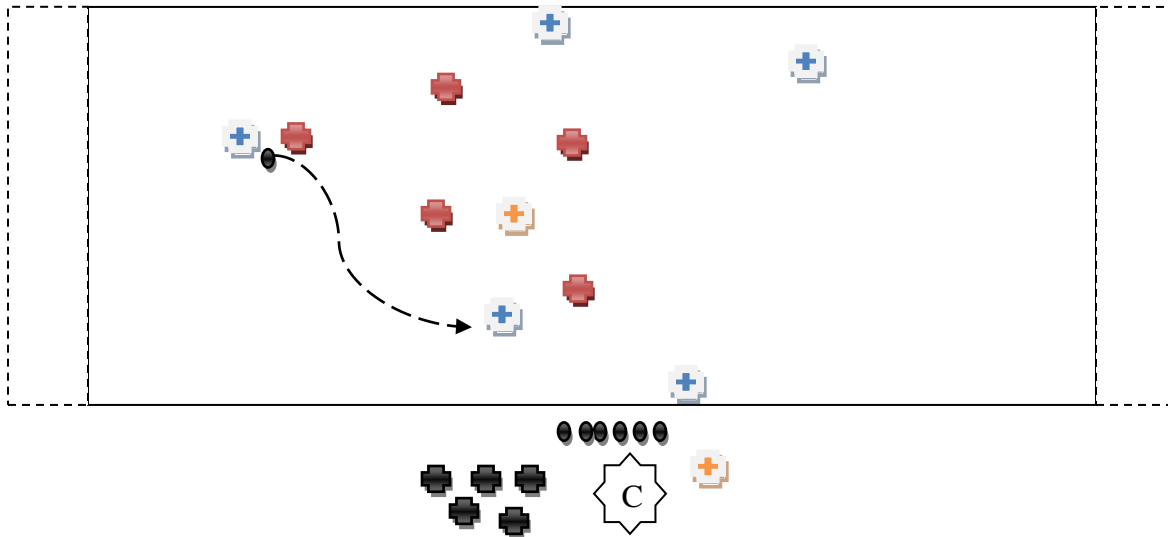
IV. Small sided:

- a. 3v3+2
- b. Creating combinations to get in other half



V. Expanded:

- a. 5v5 to end zone (use neutrals if needed) or goals
 - i. Reward penetrating passes



VI. Game 8v8

- a. Set up each team in a formation that will increase the chances of penetration
- b. Play 3-5min game and stop at halftime to ask questions or make adjustments